

MMS TRACK AND FIELD 2023



Practice begins - **Monday, March 13th**

Practice schedule - **Mon. - Thur. from 4:00 - 5:30 pm**

Please make arrangements to pick students up promptly at 5:30 pm

Complete the following steps for your track athlete to participate

1. Online Registration through [Middleton Middle School Website](#)

- ☐ Complete the [Athletic Eligibility Registration Form](#)
- ☐ Complete the [Physical Examination Form](#) This Form must be completed and signed by a doctor, and turned into the MMS Office before a student can practice.

2. Pay the sports fee through Skyward or the MMS bookkeeper

- ☐ MMS Sports Fee

3. Order a Team Uniform T-shirt & other items from

<https://middleton-middle-track-field-2023.itemorder.com/shop/home/>

Required Uniform

- ☐ MMS Track - Gray Team T-shirt
 - ☐ Navy blue shorts (students can use shorts they already have)
 - ☐ Tennis shoes or running shoes **Optional** - Spikes – – Please **NO** Vans or flat bottomed shoes.

4. Join MMS Track 2023 Team App using the information on the back of this letter. We will communicate with both parents and athletes through Team App.

Goals for the MMS Track program include:

- Introduction to the sport of track and field
- Create a positive competitive experience
- Challenge athletes to discover where they excel

Track Team Eligibility:

- Attend all practices
- Students at school are expected to attend practice. Skipping practices is not tolerated. (A parent note will need to be given to the office if a student is at school and has to miss practice for an appointment).
- Attend all meets
- No F's academically to participate in meets

Track Schedule and important dates

| Date | Opponent | Site | Time |
|----------------|---------------------------------|-----------------------|------|
| Mar. 13 | Practice Begins | MMS | 4:00 |
| Apr. 4 | Summitvue, East Valley, Fremont | Summitvue MS | 4:00 |
| Apr. 13 | Lone Star, Emmett, Jefferson | Nampa High School | 4:00 |
| Apr. 18 | Summitvue, Syringa, Fremont | Middleton High School | 4:15 |
| Apr. 27 | Jefferson, Syringa, Emmett | Caldwell High School | 4:00 |
| May 4/5 | IVL Championships | Nampa High School | TBD |

April 18th MMS Home Meet. Please sign up here to volunteer <https://bit.ly/MMSApril18th>

We are looking forward to another outstanding track season!

Coaches

Todd Thompson tthompson@msd134.org

Keisha Martinson kmartinson@msd134.org

Sarah Thompson

Caden Bailey

sthompson@msd134.org

cbailey@msd134.org



stack team app



MMS - Track & Field 2023

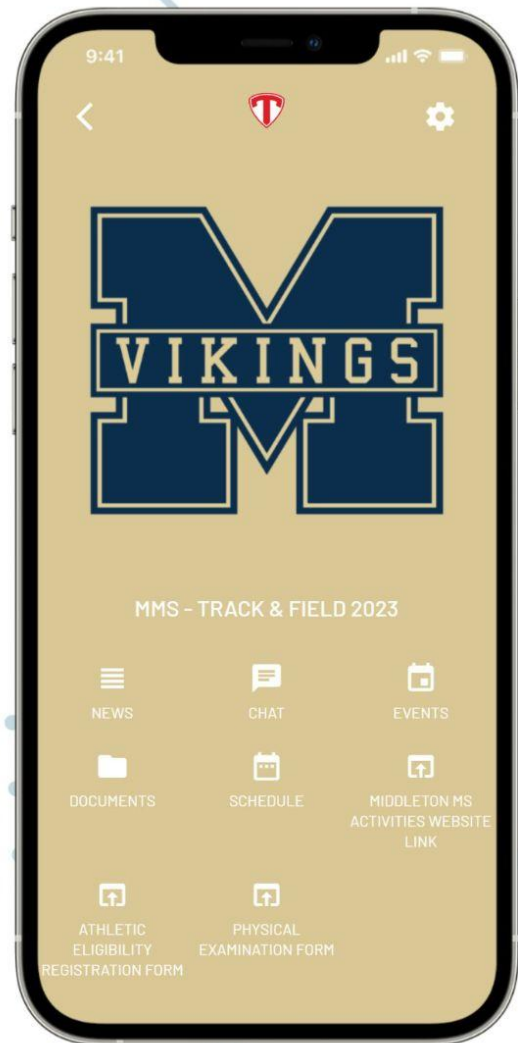
Join our app to stay up to date with our latest information - it's free!

Follow these steps to join our app:

1. Scan the QR code below & download Stack Team App or visit www.teamapp.com.
2. Sign up to Stack Team App and log in to your account.
3. Search for 'MMS - Track & Field 2023' and request to join.



SCAN ME



Contact:

Todd Thompson

208-585-3251

tthompson@msd134.org



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